

Simple Prayer

Preparing My Heart to Listen

“Lord, increase my awareness of **Your** Presence. I welcome **You**.”

“Father, calm me. Focus me. Help me listen. Help me think on **You**.”

“Holy Spirit, what do **You** want to say to me right now?”

“Lord, refresh my trust in **Your** ways and **Your** timing.”

“Father, what do **You** want me to pray for this person? (situation?)”

“God, I need **Your** help. I really want to hear from **You**. Give me ears to hear. Speak, Lord, **Your** servant is listening.” (1 Samuel 3:10)

“Give me the ability, Lord, to recognize and understand what **You’re** saying.”

“Lord, who do **You** want me to pray for today? And how?”

“God, what do **You** want me to give thanks for today?”

Four Types of Prayer

Adoration – for who God is – His character, His names, His roles, His worth - worship and praise Him

Confession – for what has been displeasing to God - confess, repent, ask forgiveness

Thanksgiving – for what God has done and given – for salvation, blessings, provision, protection

Supplication – requests, asking God for His divine help to meet needs, solve problems, work in someone’s life, bring healing